

# BEGREATFITNESS SAFEGUARDING POLICY

## Introduction:

BeGreatFitness is committed to ensuring the safety and well-being of all participants, particularly vulnerable individuals, within our fitness programs and activities. This safeguarding policy outlines our commitment to creating a safe and inclusive environment, as well as the measures we have in place to prevent and respond to any safeguarding concerns.

## Policy Statement:

We believe that everyone, regardless of age, ability, or background, has the right to participate in our projects free from harm. We are dedicated to promoting their well-being and ensuring their safety through the implementation of appropriate policies, procedures, and training.

## Key Principles:

**Inclusivity:** We promote inclusivity by offering tailored fitness sessions that accommodate the needs of all participants, including adults with additional requirements and children with behavioural challenges.

**Prevention:** We proactively prevent harm by thoroughly vetting our coaching team and ensuring they are trained in safeguarding practices. We establish boundaries and guidelines to minimize risks.

**Empowerment:** We empower participants by creating a supportive environment where they feel comfortable sharing any concerns or issues that may arise during our programs.

**Reporting:** Our designated safeguarding lead, **Bailey Greetham-Clark**, is responsible for addressing and escalating any reported issues.

## Procedures:

We maintain clear communication channels with the correct people at the organisations we work within to ensure their awareness and involvement in participants' well-being.

Our staff strictly adhere to codes of conduct that prioritise participants' dignity, privacy, and safety.

We have a clear reporting process for any concerns raised by participants, staff, or external parties.

We work closely with local authorities and relevant agencies to ensure that our safeguarding practices align with local regulations and guidelines.

### Monitoring and Review:

We regularly review and update our safeguarding policy and procedures to ensure they remain effective and aligned with best practices. We value feedback from participants, staff, and relevant stakeholders, which informs our continuous improvement efforts.

## Conclusion:

BeGreatFitness is dedicated to safeguarding the well-being of all participants in our projects.

Our commitment to inclusivity, prevention, empowerment, and reporting underscores our dedication to creating a safe and supportive environment for vulnerable individuals. This policy is a reflection of our determination to uphold the highest standards of safety and well-being within our organization.